

Psychosis Symptoms List

The following symptoms can indicate psychosis. Don't ignore them – Early detection greatly increases the chances of optimal recovery.

Confused thinking

- scattered thoughts
- difficulty concentrating
- thoughts may seem to speed up or slow down
- difficulty following conversations

False Beliefs (Delusions)

- unusual beliefs
- suspiciousness
- feeling like being controlled by an external force
- having special abilities or powers

Hallucinations

- experiencing senses that others in the same vicinity do not
- hearing voices that no one else hears
- seeing things that no one else sees

Changed Feelings and Behaviours

- appearing anxious, depressed or irritable
- disconnecting from friends and family
- difficulty attending or performing in work or school

If you think someone you know is experiencing these symptoms, contact:

Mental Health Services in Whitehorse

667-8346 or

Mental Health Services in communities

867-993-7897 or call 1-800-661-0408 extension 8346 in Yukon communities.

Community Health Centres

Beaver Creek Health Centre	867-862-4444
Carcross Health Centre	867-821-4444
Carmacks Health Centre	867-863-4444
Dawson City Health Centre	867-993-4444
Destruction Bay Health Centre	867-841-4444
Faro Health Centre	867-994-4444
Haines Junction Health Centre	867-634-4444
Mayo Health Centre	867-996-4444
Old Crow Health Centre	867-966-4444
Pelly Crossing Health Centre	867-537-4444
Ross River Health Centre	867-969-4444

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Teslin Health Centre	867-390-4444
Watson Lake Health Centre	867-536-7483
Watson Lake Hospital	867-536-4444

Whitehorse General Hospital

Phone: (867) 393-8700

You can also contact:

- your family doctor
- school or other counsellor
- social worker
- youth worker